This Too Shall Not Pass

But you?

You can endure.
You can thrive.
You can rise.
You can keep becoming.
Always.

You're proof that life can be hard and beautiful at the same time. You don't have to rush your way out of your feelings. You don't have to "get over it" to move forward. You just have to keep becoming. Honest, scarred, strong and soft at the same time. "This too shall not pass" is choosing...

What deserves to stay in your life.

What deserves your attention.

What deserves your time.

And what not to fix.

So yes, not everything passes.

But you?

You can endure.
You can thrive.
You can rise.
You can keep becoming.

Now and forever!

Thomas Oppong